

## CLAIMS

What is claimed is:

- 5 1. A facial harness apparatus for mounting in contact with a portion of the human face, the  
face having a chin, a mouth, cheeks, ears and a jaw bone, the apparatus comprising: a ✓  
pair of fabric pocket panels joined at a front edge of the panels by an elastic strap so that  
with the elastic strap in contact with the chin the pocket panels are in contact with sides  
of the face; the pocket panels sized so that an upper edge of each of the fabric panels  
10 extends from adjacent the mouth, across one of the cheeks to one of the ears, a lower  
edge of each of the fabric panels extending from the chin to the base of the mandible; a  
means for holding the apparatus in place on the face; at least one pocket in each of the  
pocket panels; and at least one hot-cold pack held within each of the pocket panels.
2. The apparatus of claim 1 wherein the holding means is at least one holding strap.
- 15 3. The apparatus of claim 2 wherein the at least one strap provides a strap fastening means  
for holding the apparatus on the head.
4. The apparatus of claim 2 wherein the at least one strap includes a first and a second of  
the holding straps extending from each of the pocket panels, wherein, for each of the  
pocket panels, the first one of the holding straps is a continuation of the upper edge of  
20 the pocket panel, and the second one of the holding straps is a continuation of the lower  
edge of the pocket panel.
5. The apparatus of claim 1 wherein each of the pockets are arranged and sized so that a  
hot-cold pack is able to be placed in a forward pocket in a horizontal orientation and in a  
rearward pocket in a vertical orientation.
- 25 6. A facial harness apparatus for mounting in contact with a portion of the human face, the ✓  
face having a chin, a mouth, cheeks, ears and a jaw bone, the apparatus comprising: a  
pair of fabric pocket panels joined at a front edge of the panels by an elastic strap so that  
with the elastic strap in contact with the chin the pocket panels are in contact with sides  
of the face; the pocket panels sized so that an upper edge of each of the fabric panels

extends from adjacent the mouth, across one of the cheeks to one of the ears, a lower edge of each of the fabric panels extending from the chin to the base of the mandible; a means for holding the apparatus in place on the face; at least one pocket in each of the pocket panels for receiving a hot-cold pack.

- 5     7. The apparatus of claim 1 wherein the holding means is at least one holding strap.
8. The apparatus of claim 2 wherein the at least one strap provides a strap fastening means for holding the apparatus on the head.
9. The apparatus of claim 2 wherein the at least one strap includes a first and a second of the holding straps extending from each of the pocket panels, wherein, for each of the  
10     pocket panels, the first one of the holding straps is a continuation of the upper edge of the pocket panel, and the second one of the holding straps is a continuation of the lower edge of the pocket panel.
10. The apparatus of claim 1 wherein each of the pockets are arranged and sized so that a  
15     hot-cold pack is able to be placed in a forward pocket in a horizontal orientation and in a rearward pocket in a vertical orientation.